

Induction Speech- in Hindi (in English script)

1- Agar main yaar meko ko kahun ki aap ek lal rang ka chidiya dekho, kya aap mere liye use dekha sakenge?

Ab aap ek pile rang ka phool ko dekho.

Ek nile rang ki gadi dekho.

Ab ek kutta aur ek billi dekho.

Ek haara bhara ped dekho jispe bohot sare patte hain aur patton ke beech mein se hawa chal rahi hai.

2- Aaj hum aapke man ke is bhaag ke saath kaam karenge.

Yah man ka woh bhaag hai jo ye saari tasveeren aur yaaden rakhta hai.

3- man ka yeh bhaag raat ke sote waqt jagruk rehta hai kyon ki ye saari tasveeren, yaadein apne sapnon mein dekhte hain.

4- Toh aaj jab is bhagn ke saath kaam karenge, aap kuch der ke liye bilkul bhi pareshan na ho.

Koi bhi chinta na karen.

Uske liye baad mein kaafi samay hai.

Wah baad mein bhi ho sakta hai.

5- Bas thodi hi der ke liye jab tak aaj yahi karenge koi bhi chinta na karen. To ye soch kar anand le, ki aapko koi bhi chinta karne ki zaroorat nahin hai. Aur aapke poore sharir ko relax karte huye sukh ka anubhav karen.

Agar aapke sharir mein koi bhi tension ho weh sare tension aapke sharir se nikal jayenge.

Nikal jaayen.

Unhein jaane do.

Hame unki koi zaroorat nahin hai.

Hame unki koi zaroorat nahin hai.

Toh khushi ka Anubhav karen yeh jaan kar ki aapko kisi baat ki chinta nahin hai.

Ab aapke poore sharir mein aaram ke ehsaas ka anand lein.

6- Ye ek apaar sukh hai, jo bohot kam logon ko prapt hota hai.

Ki woh apne vyaktigat jeevan se kuch aise hi pal nikaal saken jab unhein kisi tarah ki chinta karne ki aavashyakta nahin.

Toh aise samay ka sadupayog karen, aur in lamhon ka anand le. Aur yeh yaad rakhen ki jab aap uthenge to aap ko ek apaar sukh ka ehsaas hoga.

Jaise ki aap ek gehri neend se uthi ho, ek acchi neend se uthe ho. Aapko vaakai aaram aur tazgi ka ehsaas hoga.

Aur aap jab kabhi bhi aisa anubhav karoge, aapko hamesha khushi ka ehsas hoga.

7- Aur yaad rakhen ki kamre ke bhitar ya bahar se koi bhi aawaz aapko sunai de, to woh sirf swabhavik hain. Sirf background mein hi hai.

Ye aapko na to pareshan karenge ya vichalit karenge.

Aapka dhyaan bhang nahin karenge.

Agar aapko kuch sunai bhi deta hai to woh dheere dheere ghat jayegi. Background mein chali jayegi.

8- Ab main chahungi ki aap ek sunder safed rang ki roshani mein bana ek pyramid ki kalpana karen. Ek bahut hi sunder drishya hain.

Woh chamakta hai.

Jhilmilata hai.

Ati sunder hai.

Aur main chahta hoon ki aap apne man main vo safed, jhilmilati hui pyramid ko apne sharir mein samet lein.

Apne sharir ko poori tarah usmen yun samet le ki woh is safed roshni mein poori tarah sama jaaye.

9- Yeh aapka suraksha kavach hai.

Yeh safed roshni ati shaktishali hai.

Yeh aapko har tarah se surakshit rakhegi.

Aapko kisi bhi manasik ya sharirik haani nahi pahunchayegi.

Aap surakshit hain.

Aap yeh jaante hain.

Aap ise mehsoos bhi karte hain.

Aur ye bahati accha aisa ehsaas hai.

Aur bahut hi accha hai.

10- main chahungi ki app prithvi par sabse sunder jageh ki kalpana karen. Aise jageh jahan koi pareshani ya chintayen na ho.

Wo chahe ek jungle ho,

chahe samandar ka kinara,

yah chahe ek hari bhari vadiyan ho.

Aisi jageh jise aap ati sunder aur shanti purvak samajhe.

Kya aap aisi kisi jageh ki kalpana kar sakte hain?

11- Mujhe batayen...

12- Aisi jageh koi chinta nahin hai,

Yahan shanti hai,

Jahan koi kashth ya pareshani nahin hai,

Sirf shanti aur ekant.

kya aap jahan hai wahan se aasmaan nazar aa raha hai?

Kya aap jahan hain wahan se aasmaan nazar aa raha hai?

Kya ek sundar sa bada safed badal nazar aa raha hai?

13- Ab main aapko kuch aise karne ke liye kahungi jo aapko shayad adbhut lage.

Main chahungi ki aap aasmaan mein udte huye unhein baadal par jaake baithe.

aap mujhe batayen ki aapko kaisa ehsaas ho raha hai?

Ab aap mujhe batayen ki aapko kaisa ehsaas ho raha hai us baadal par baithe huye bagair kisi chinta ke, jaadoo ki tarah aapka bhaar sambhaal raha hai.

aapko kaisa lag raha hai baadal par baithe huye?

14- kuch logon ko rui ya pankh ka ehsaas hota hai. Lekin woh aapko jaadoo ki tarah sambhalkar rakhega.

Yeh bahut aaramdayak hai, hai na?

Is baadal par aaram se letiye aur use apna poora bhaar sambhaalne dijiye.

yah ek Sunder aur apaar sukh ka ehsaas hai.

Aapko aisa lagega ki aap ka koi vajah na hi nahin hai.

15- aap us baadal mein leen ho sakte ho.

Aap us par lait jao aur use apna poora wazan sambhaalne do.

Agar aap chaho to us safed baadal ko ek kambal ki tarah apne aap se lapetkar hai usmen poori tarah sama sakte ho.

Woh ek ati sunder, aaramdayak, suraksha ka ehsaas de raha hai.

aisa lagega ki aapko ho aap ka koi vajah hi nahin ha jab aap us baadal mein ghul jaaaoge.

16- aur ye baadal hawa mein tair raha hai,

aap ko apne saath lekar.

Mulayam aur surakshit

aur aaramdayak aur nirapad bhi.

17-udte aur lehrate hain

lehrate aur udte

Aur ye baadal pahad, ghatiyon, aur sagar ke upar asman mein tairta hua, lehrata hua, jaa sakta hai aapko lete huye.

Mulayam, nirapad, amaaaramdayak aur surakshit.

18- udte aur lehrate hain

lehrate aur udte

Dharti, maidan aur sagar ke upar

nirapad aur surakshit.

19- aur ye baadal ek jaadoo ki tarah hai jo ki na kewal aapko dharti aur wadiyon ke upar aage le jaa sakta hai,

kal ki balki yah kaal aur antariksh ke peeche bhi le jaa sakta hai.

peeche

aur peeche

aur peeche

kaal aur antariksh mein.

20- main baadal se kehti hoonki aapko peeche le jaayen,

aur peeche

aur peeche

kaal aur antariksh mein hi ek anya samay par,

Jahan aapke hit ke liye hame jaankari mil sake.

Aur ye baadal chalne laga hai.

Yah aap ko peeche lekar kya raha hai,

aur peeche

aur peeche.

Hum ek upyukt ya ek theek samay aur sthaan ki talash (khoj) mein hain jahan hum ruk ke dekh saken aur janch kar saken.

Ek theek samay aur sthaan ki talash (khoj) mein hain jahan hum ruk ke dekh saken aur janch kar saken.

21- Ab baadal ki gati dheemi ho rahi hai,
aur yeh ati upyukt samay aur sthaan par rukh raha haan hai.
Main chahungi ki aap us baadal par se utare aur neeche aayen...
neeche,
neeche bhoomi tak.

22- Yah achanak nahin hoga, haan aap ek patte ki tarah ke ped par se hatke lehrate huye zameen pe aaye.
Main chahungi ki aap mujhe batayen jo aapko sabse pehla nazar ho raha hai, ya jo aapko sabse pehla aisa ho raha ho jab aap zameen par aaye ho.

24- kya aap baadal se utar gayen?
Aapko neeche kya dikh raha hai?
Sabse pehle kya nazar aa raha hai?
Charon tarha dekhiye aur batayiye kya dekh rahe hain.

Moving to an important day:

Ab hum yeh drishya chhodkar aage badhte hain (ya peeche jaate hain). ek aise mehetvapurna din ki taraf, aisa din jisse aap bohot mehetvapurna samajhte hain. Jab kuch khaas ho raha hai.
Hum ek mehetvapurna din ya ek ghatna par aa gaye hain. Bataiye uska varnan kijiye. Aapko ye kaisa lag raha hai?

Last Day of a life:

Ab yeh drishya jodte hain. Ab hum aage badh chuke hain aapke is jeevan ke aakhiri din thak. Kya ho raha hai?

After Death:

Ab jo ho chuka hai woh ho gaya hai aur aap doosri taraf pohanch chuke hain. Ab is jageh se aap apni beeti hui zindagi ko dekh rahe hain ek alag nazariya se.

Lesson and purpose:

Har jeevan kuchh seekhata hai aur uska kuchh udyesh hota hai. Ab jab aap is zindagi ko dekhrate hain to apne use kya seekha? Kya udyesh tha?

Contacting the subconscious:

Ab main kya _____ ki aatma ke saath baat kar sakti hoon?

Kya mujhe anumati hai _____ ki aatma se?

Main aatma ki shakti ka aadar karti hoon kyun ki main jaanti hoon ki _____ ki aatma va uske sharir ka poora dhyaan rakhti hai bohot acchi tarah. Mujhe poora vishwas hai ki atma ke pass haar ek jaankari hoti hai. To main aatma ki shakti ka aadar karti hoon aur hamesha aapki anumati leti hoon aur main hamesha uski anumati leti hoon usse baat karne ki aur prashna poochh ne ki.

Kya mujhe anumati ?

Aapne yeh zindagi dikhaye. Kya wajah tha is zindagi ko chunne ki?

Bringing the person out:

Ab main _____ aatma se anurodh karti hoon ki woh apne sthan par wapas chale jayen.

Mujhe yakeen hai ki woh bahut khush hogi.

Main aatma ki prati apna shraddha aur dhanyavad vyakt karti hoon.

Aur main yahi chahti hoon ki woh pratyek jeev jinse hamen bahumulya baatein karte the, vo apne purv sthaan par chale jaayen.

Main apna aabhaar aur apni shraddha unke prati vyakt karti hoon.

Aur yaad rakhna ki aap jo bhi dekh rahi thi vo ateet mein tha. Aur woh ateet ka hi hai. Aar hum unhein wahin chodenge.

Hamen unhein sirf isliye bulanya ki hum usse kuch seekh sake, kuch jaankari prapt kar sake, jo aapko is jeevan mein madad kar sakta hai.

Is tarah vo jaankari bahumulya hain yahan labhkari ho sakti hai.

Jab _____ yeh recording sunegi aur samjhegi toh use kiwi bhi tarah ki sharirik ya manasik maansik vyatha nahin pahunchayegi.

Count out:

Ab main chahti hoon ki _____ apni poori chetna aur apne poore vyaktitva ke saath apni sharir mein sampoorna roop se pravesh karen.

Ab _____ ki chetna aur vyaktitva sampoorna roop se uske sharir mein pravesh kar liya hai. un sabhi purv jeevan ke sthaan se jinse hum baat kar rahe the.

Ab main chahti hoon ki _____ us samay aur sthaan se ubhar aaye aur apne aapko ve vartaman mein le aaye.

Ab main chahti hoon ki _____ us samay aur sthaan se ubhar aayen aur apne aap ko vartaman mein le aayen.

Ubhar aayen,

ubhar aayen,

ubhar aayen.

Aaj ka din _____

Aap ab (location) mein hain aur is palank par laiti hai aur aapko bohot hi romanchak anubhav hua.

Aur main chahti hoon ki aap bhi yaad rakhen ki aapki vartaman zindagi aapke liye sabse aham hai kyonki yah jeevan vo hai jis pe aapka poora dhyaan hai.

Koi bhi jaankari jo hum is tarah prapt karte hain woh hamare liye labhdayak hoti hai aur yah hamen kisi bhi tarah ka kasht nahin pahunchati- shaareerik ya maansik- jab use aap sehi tarah se samajhen aur uska sadupyog karen.

Yah aavashyak hai.

Yah hamen kisi bhi tarah ka kasht nahin pahunchayegi.

Ab main thodi hi der mein ek se dus tak ki ginti ginungi aur jab tak main dus tak pahunchi tab tak aap poori tarah se jaag chuki hongii aur aap ko bohut accha ehsaas ho raha hoga jaise ki aap ek acchi neend se uthen ho.

Aapko poorn aaram aur tajagi ka ehsaas hoga.

Ab aap mere saath chaliye aur jab tak main dus tak ginungitab aap poori tarah jaag jayengi aur aapko bohut hi accha mehsoos hoga.

1-2, aapki aap saans tej chal rahi hai. Blood circulation normal ho raha hai kyonki ab aap jaag rahi hain.

3-4, Aapko apni sharir ka ehsaas ho raha hai. Aap apne haath pair hila sakte hain kyonki zyada dere ek hi sthaan par letne se kuch thakan ho sakti hai. Ab aap mein poori tarah se shaareerik roop se chetna aa rahi hai aapko iska ab ehsaas ho raha hai kyonki aap jaag rahi ho.

5-6, aapko kamre ke andar aur kamre ke bahar ki aawazen sunai de rahi hai. aapko apne aas pass ka ehsaas ho raha hai kyonki aap ab vartaman mein aa gayi hain.

7-8, aaj bohut acchi tarah wapas aa rahi hain.

9-10, ab aap poori tarah se jaag chuki ho aur aapko bohut accha ehsaas ho raha hai