

## Best Practices

- \* QHHT sessions should never be conducted remotely and only the client and practitioner should be present for the session.
- \* QHHT sessions should not be performed on anyone under the age of 18.
- \* QHHT Practitioners must refrain from using the word “therapy” as we are not medical professionals.
- \* After you complete your 25 practice sessions, you’re eligible to charge for your sessions. You will set your own rates based on experience level and geographical location. We recommend increasing your rates as you progress and become more experienced. Feel free to reach out to other practitioners in your area, using the directory, <https://www.qhhtofficial.com/find-a-practitioner/>.
- \* It is mandatory that practitioners record each session for their client and release it to them after the session. The recording will NOT include the interview or induction. Practitioners will begin the recording when the client comes off the cloud. For more information about recording devices, please look into the technology tab on the QHHT Global Forum.
- \* A QHHT session will consist of an interview, hypnosis session and the debriefing after the session. The interview should be held right before the hypnosis session, on the same day, and should be a MINIMUM of 2 hours; even with close family and friends.
- \* Clients should come to the session with a list of their own questions to ask the SC. The interview is for the client to talk about their entire life from their very first memory to the present; with emphasis on relationships, significant incidents, physical ailments, etc. Hold this sacred space for the client, it’s very important for them to tell their story without practitioner’s input, interference or judgement. 😊
- \* It’s important for the client and practitioner to have no expectations when in a QHHT session; there are no limitations and every session is divinely unique.

\* The induction must be done according to the instructions of Dolores. You have access to an example of Dolores' induction voice in The Online Resource Library after passing Level 1 Online. The script is found in your Level 1 Procedure Notes.

\* The keyword is asked for when you expect to see the client again. The keyword is not requested during the interview. It is requested at the end of the session when it is evident you might need to see them again. For specific instructions please reference page 18 and 19 in your Level 1 Procedure notes.

\* A practitioner should never ask their own personal questions during a client's QHHT session. The session must be 100% related to the client and their individual healing. If information comes in for you, please direct the session back to the client.

\* Clients should be reminded to listen to the recording of their session to continue receiving benefits and healing. The session recording is the client's property and must be given to them.

\* QHHT sessions should never include other modalities. The technique developed by Dolores is already perfect, so there is no need to add or change anything. 😊

\* The Crystal River Meditation can be done if you have difficulties reaching the SC. Please reference page 20 for the meditation script. After it is used, the client should be relaxed enough to allow the SC answers to come through.

\* If a client is physically/mentally unable to have a session, a surrogate session can be conducted on a close relative or friend of the client. Please find information of surrogate sessions in the QHHT Global Forum or Level 2 online for more details.

\* QHHA will accept a returning client submission if the reasoning is for the client and not just to let you practice. We will only accept one return submission per client. When conducted properly, only one session is needed with QHHT. 😊

\* Please direct all QHHT session-related questions to the Official QHHT Global Forum for answers, guidance, and support from our amazing Level 3 forum moderators.

\* For technical support or administrative questions, please contact our Practitioner Support team at [communication@qhhtcustomerservice.com](mailto:communication@qhhtcustomerservice.com). Please do not reach out for administrative support via social media.

### Public Listing Information:

\* To update your public profile on our website, please log-in to your account at [www.qhhtofficial.com](http://www.qhhtofficial.com), hover over your name in the upper right hand corner and click "Edit Profile". From here you can edit your public listing information. Your QHHT Global Forum profile is separate from your public listing details on the practitioner directory. Please note that profile photos, social media links and website URLs are benefits of the Official QHHT Global Forum membership. Subscribe to the forum here: <https://www.qhhtofficial.com/upgrade-premium/>

\* Practitioners should only create email, website addresses, and social media accounts that are personalized to them or their QHHT practice. Practitioners should not include a specific country, state, or city in the name of their practice. We cannot have you appear as part of the administration.

Correct Examples: @PersonalizedNameqhht  
[qhhtpersonalizedcompanyname@gmail.com](mailto:qhhtpersonalizedcompanyname@gmail.com)

\* Biography recommendations:

Clients will be looking for QHHT information in your biography. Other modalities should not be promoted here. Other modalities and offerings should be promoted separately on websites and social media.